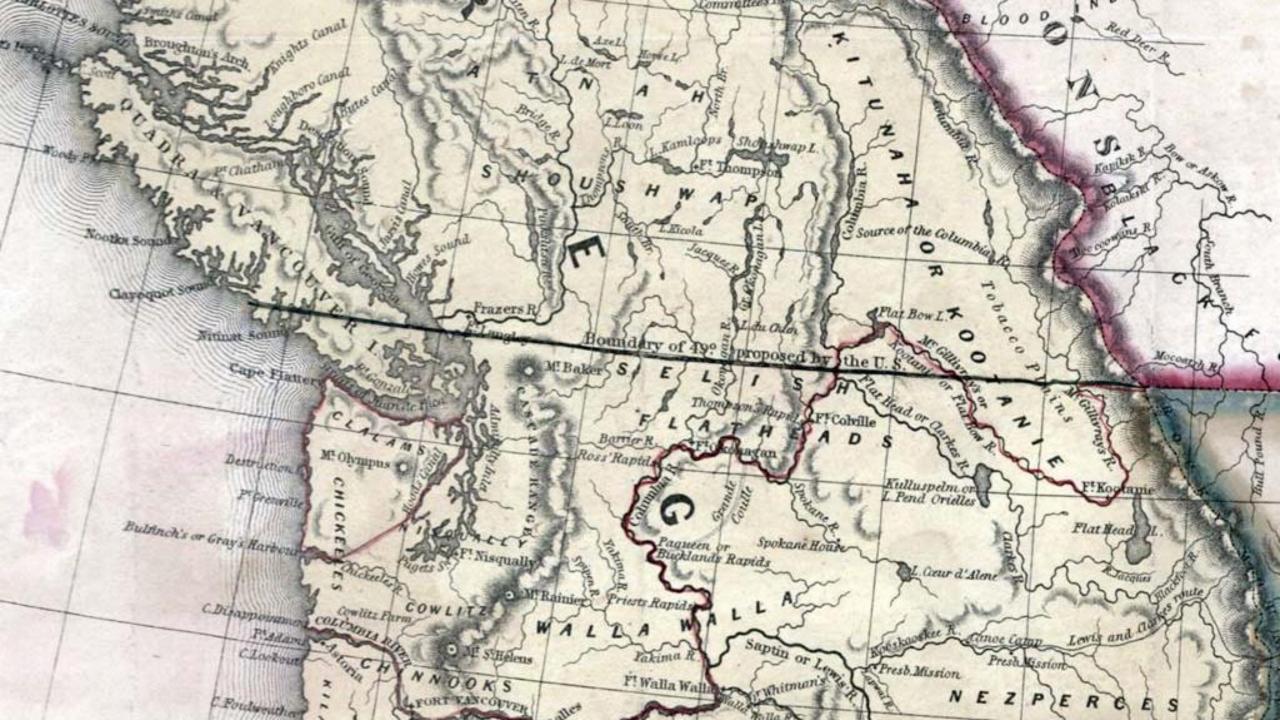
## The State Freedon

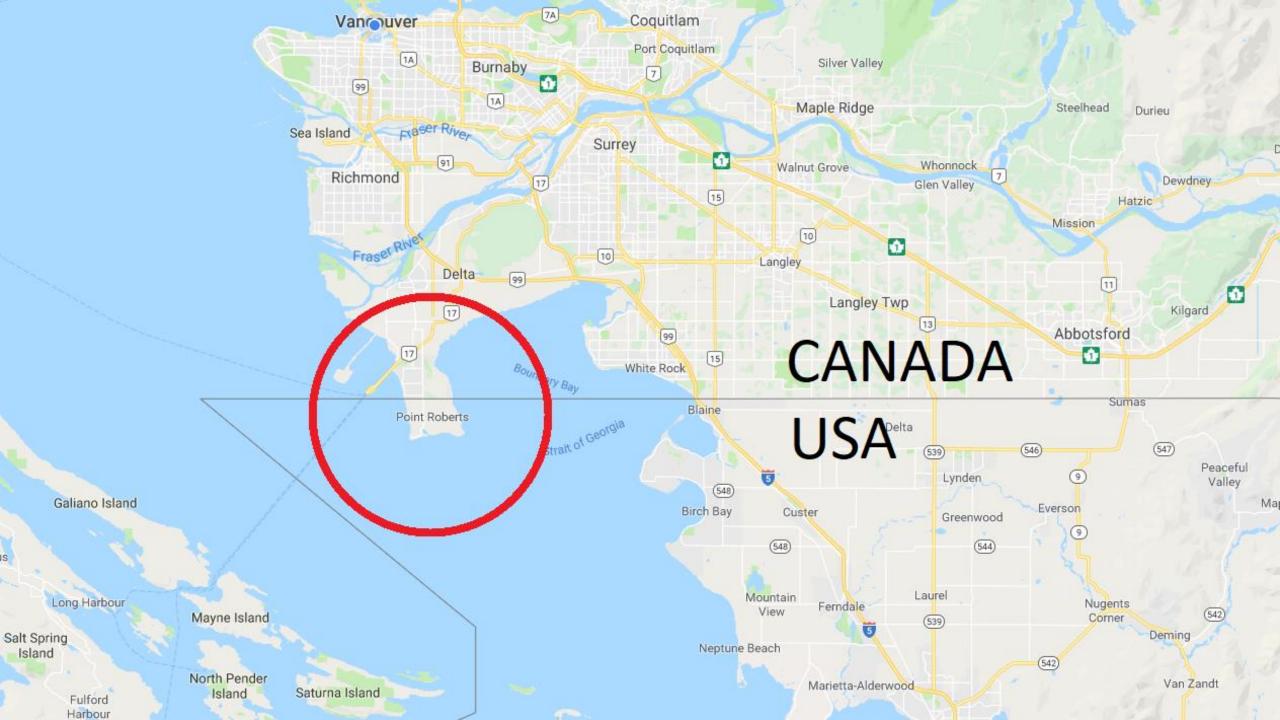
Mark 6:30-47

January 28, 2024















"Residents arriving from the booming Vancouver metro area...say they start to relax the moment they cross into this part of the United States. 'We call it the Point Roberts sigh,' said Pat Grubb, who with his wife publishes the local newspaper."

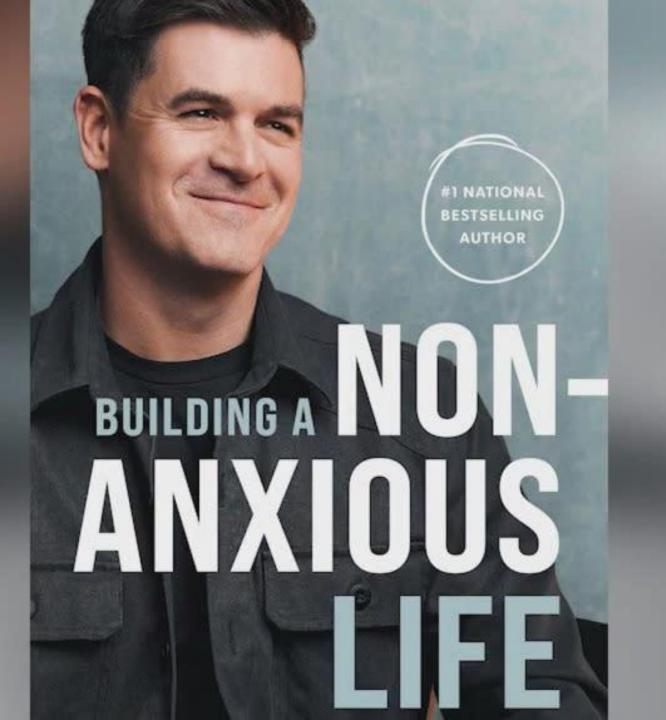
(From Larry Bleiberg's article *A US town only reached through Canada* at bbc.com, December 2, 2019)



## The State Freedon

Mark 6:30-47

January 28, 2024



# MEG SIE EMXE

Busting the 6 Underlying Causes of Angst in America

## The State Freedon

Mark 6:30-47

January 28, 2024

Mark 6:30-47 (ESV): "The apostles returned to Jesus and told him all that they had done and taught. 31 And he said to them, 'Come away by yourselves to a desolate place and rest a while.' For many were coming and going, and they had no leisure even to eat. 32 And they went away in the boat to a desolate place by themselves...."

"...33 Now many saw them going and recognized them, and they ran there on foot from all the towns and got there ahead of them. 34 When he went ashore he saw a great crowd, and he had compassion on them, because they were like sheep without a shepherd. And he began to teach them many things...."

"...35 And when it grew late, his disciples came to him and said, 'This is a desolate place, and the hour is now late. 36 Send them away to go into the surrounding countryside and villages and buy themselves something to eat.' 37 But he answered them, 'You give them something to eat.' And they said to him,..."

"...'Shall we go and buy two hundred denarii worth of bread and give it to them to eat?' 38 And he said to them, 'How many loaves do you have? Go and see.' And when they had found out, they said, 'Five, and two fish.' 39 Then he commanded them all to sit down in groups on the green grass. 40 So they sat down in groups, by hundreds and by fifties...."

"...41 And taking the five loaves and the two fish, he looked up to heaven and said a blessing and broke the loaves and gave them to the disciples to set before the people. And he divided the two fish among them all. 42 And they all ate and were satisfied. 43 And they took up twelve baskets full of broken pieces and of the fish...."

"...44 And those who ate the loaves were five thousand men. 45 Immediately he made his disciples get into the boat and go before him to the other side, to Bethsaida, while he dismissed the crowd. 46 And after he had taken leave of them, he went up on the mountain to pray. 47 And when evening came, the boat was out on the sea, and he was alone on the land."



The State of Freedom

John 10:18 (ESV): "No one takes it from me, but I lay it down of my own accord. I have authority to lay it down, and I have authority to take it up again."

Mark 10:21-22 (ESV): "Jesus, looking at him, loved him, and said to him, 'You lack one thing: go, sell all that you have and give to the poor, and you will have treasure in heaven; and come, follow me.' 22 Disheartened by the saying, he went away sorrowful, for he had great possessions."

## The State Freedon

Mark 6:30-47

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#### BORDERS INCREASE

**ORDER** 

AND PEACE.

Main Point

1 Corinthians 7:32 (ESV): "I want you to be free from anxieties."

- 1 Corinthians 7:32 (ESV): "I want you to be free from anxieties."
- 1 Corinthians 7:35 (ESV): "I say this for your own benefit, not to lay any restraint upon you, but to promote good order."

Proverbs 22:7 (ESV): "The rich rules over the poor, and the borrower is the slave of the lender."

Proverbs 25:17 (ESV): "Let your foot be seldom in your neighbor's house, lest he have his fill of you and hate you."

## The State Freedon

Mark 6:30-47

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#### PATROL YOUR BORDERS.



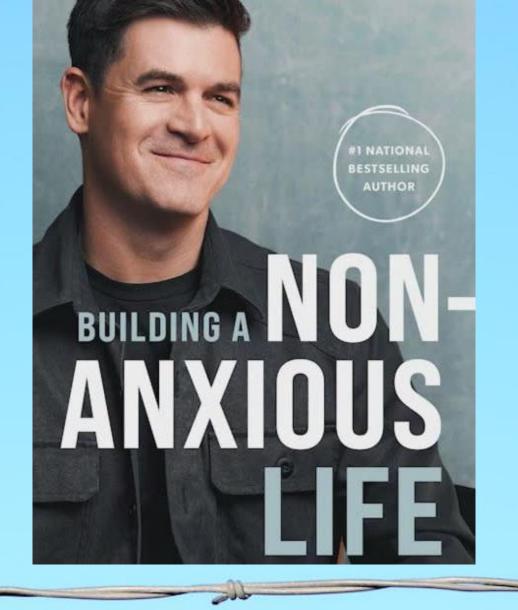
Galatians 6:4-6 (ESV): "Let each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. 5 For each will have to bear his own load. 6 Let the one who is taught the word share all good things with the one who teaches."

1 Corinthians 9:19 (ESV): "Though I am free from all, I have made myself a servant to all."

"No matter what you throw away, however you pay off your debts, and however strong your boundaries are, you will always go with you. And since your body is always solving for what it knows, the same margin and space and debt issues will return in short order. So instead of beginning with a bunch of goals and finish lines, we will begin with identity...."

"...Who are you? Who are you going to become? In this new season, we are people who are free. We choose to live lives that are free from other people controlling, dictating, and driving us....I am a person who is FREE! I am a person who chooses FREEDOM!"

(From Dr. John Deloney's Building a Non-Anxious Life, pages 161-162)



Romans 13:8 (ESV): "Owe no one anything, except to love each other."

Matthew 25:29 (ESV): "For to everyone who has will more be given, and he will have an abundance. But from the one who has not, even what he has will be taken away."

Romans 14:4 (ESV): "Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for the Lord is able to make him stand."

Ephesians 5:21-25 (ESV): "[Submit] to one another out of reverence for Christ. 22 Wives, submit to your own husbands, as to the Lord. 23 For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior. 24 Now as the church submits to Christ, so also wives should submit in everything to their husbands. 25 Husbands, love your wives, as Christ loved the church and gave himself up for her."

## The State Freedon

Mark 6:30-47

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### MEG SIGE EMXELI

Next Week: The State of Mindfulness

Matthew 6:25-34